SMART GOAL SETTING PLANNER

GOAL	
SPECIFIC	
SPECIFIC	
What exactly do you want to achieve?	
Ensure your goal is clear and specific.	
MEASURABLE	
How will you know when you have	
reached your goal?	
ACHIEVABLE	
Is your goal achievable?	
RELEVANT	
Is your goal relevant now?	
How motivated are you to achieve your goal?	
goar:	
TIMELY	
When is the deadline to achieve your goal?	

